



news

International Workers and Amateurs in Sports Confederation

Edition 1/18

WSG 2017  
Riga - Latvia

04

WSG 2019  
Tortosa - Spain

10



**CSIT-CONGRESS**  
AS GLOBAL ORGANISATION  
TO AN UP-TO-DATE MODEL







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# CSIT

## UP-TO-DATE MODEL



**D**ear friends and colleagues,

Today, through sport, people compete and have fun, no matter of their age, religion, political party or origin. Sport represents a relevant tool to make people experience that we are all citizens of the world. This is the great value of sport.

CSIT is a great organisation with a huge number of memberships and a huge number of people participating at our sports events. If we believe all that, we should absolutely think about an up-to-date model of the CSIT, capable to interact with all: young people, adults and seniors, no matter of their origin, religion, politics and economic situation, physical and intellectual kind of ability.

Our confederation needs to be flexible, smart and modern so to have an appeal for new generations. It is a need to share a clear, strict and common vision of CSIT and to share the effective strategies. Without a definitive vision and qualified managers there are no effective strategies.

Our goal is to capitalise the expertise of the oldest members and to promote the exchange towards the new CSIT generations. In this way we guarantee the continuity and the high quality of work. We have the great honour of running a confederation, which is more than 100 years old, so we have also the responsibility to guarantee the life of CSIT for at least the next 100 years. I am looking forward to a very positive future in CSIT and thank you for your support.

Together we'll be strong.

I wish you all the best for 2018, health, power and success.

**Bruno Molea**  
President of CSIT

# CSIT WORLD SPORTS GAMES

by host LTSA, Latvia

# 2017

# IN RIGA

## PERFECT CHAMPIONSHIPS WITH A DIVERSITY OF NATIONS AND NEW FRIENDSHIPS

32 COUNTRIES, 45 UNIONS, MORE THAN 4,000 PARTICIPANTS, 15 OFFICIAL SPORTS DISCIPLINES – RIGA HAS NEVER WITNESSED SUCH A BIG EVENT FOR WORKERS AND AMATEURS. FROM JUNE 13<sup>TH</sup> TO JUNE 18<sup>TH</sup> THE STREETS OF THE LATVIAN CAPITAL WERE BUSTLING WITH LIFE AND ATHLETES FROM ALL OVER THE WORLD, EVEN FROM E.G. ANGOLA, IRAN OR MEXICO. ENJOY A SMALL INSIGHT INTO THE CSIT WORLD SPORTS GAMES 2017 IN RIGA THAT GIVES YOU THE OPPORTUNITY TO FEEL THE REAL CSIT SPIRIT AND REFRESH MEMORIES.







  
**CSIT  
WORLD  
SPORTS  
GAMES  
2017**

JUNE 13-18 | RIGA, LATVIA

The 5<sup>th</sup> CSIT World Sports Games 2017 in Riga (WSG) were a result of the efficient collaboration between CSIT, host union LTSA and their cooperation partners. The level of the competitions was extremely high and the results comparable to the Latvian national championships. Both, Technical Commissions and participants have unanimously highly evaluated the organisation of all championships and the quality of the sports venues. The host union LTSA has worked in close collaboration with the Latvian sports federations and has received positive feedback especially regarding local referee work. The WSG edition in Riga have put the major event CSIT World Sports Games to a next level, and we hope that the next WSG host in Tortosa 2019 can set the bar even higher.

## READY, STEADY, GO WSG 2017!

The Games officially started with the registration of the participants in the Congress Center – a multi-functional area, that was used not only for accreditation but also for meetings (including technical meetings), special events (e.g. Mamanet party) and as Information Center (results of the championships were not only published in the WSG-2017 App but also available on the spot in the Congress

Center). A Communication Center as home base for the CSIT family.

The official opening ceremony of the WSG-2017 in the Skonto Stadium of Riga started with the solemn parade accompanied by the Latvian National Armed Forces orchestra from Esplanade to the venue. Despite the weather, everyone was pretty excited. The Games were officially opened with the speeches of the President of the Republic of Latvia Raimonds Vejonis, CSIT President Bruno Molea and LTSA Chairman of the Board, Andris Bērziņš. The Vice-Mayor of Riga, Andris Ameriks, the Minister of Education and Science of the Republic of Latvia, Karlis Šadurskis, and the Secretary-general of the Latvian Olympic Committee, Žoržs Tikmers, have given a warm welcome to all participants.

The opening ceremony continued with the fair play oath spoken by Kaspars Gorkss, captain of the Latvian National Football Team and Guntis Zālītis, WSG 2017 Sports Director (Latvia), followed by the performance of the national dance ensemble.

As all Latvians know, the weather in Riga in June is quite unpredictable. So it was a huge relief that rain suddenly stopped during the official opening speeches and the sun came out and there was no sign of rain during the whole championship days. Organisers of the games must have used some magic against bad weather.

## FRIENDSHIP, COMPETITION AND MUTUAL RESPECT

Most of the CSIT official championships took place in Riga, the athletics championship in Jelgava and shot put was organised in Salaspils. All in all 15 official competitions in 15 sports disciplines: athletics, basketball, beach volleyball, beach wrestling, chess, football, mini-football, judo, mamonet, tennis, table tennis, petanque, volleyball, swimming, wrestling – such variety is almost comparable to Olympic Games. There was even special programme for seniors (55+), a Mamonet World record attempt as well as some other championships and demonstrative sports programmes.

## AND THE WINNERS ARE...

The CSIT World Sports Games 2017 in Riga were especially successful for ASKÖ, Austria, who came first in the final medal ranking. The second place went to NCS, Netherlands, and third place to Israel with the largest delegation of 814 participants! The Latvian athletes ranked 7<sup>th</sup> in the final medal table.

During the whole championships all participants have demonstrated and lived the real CSIT spirit of friendship, competition and mutual respect. It is very difficult to describe the emotions the athletes experienced during the WSG 2017, but LTSA captured all these special moments in a very special movie ([www.csit.tv](http://www.csit.tv)), which was



*LTSA organised perfect World Sports Games for more than 4.000 athletes from 32 countries*



presented to a broader audience during CSIT Congress in Eilat.

## ACTIVITIES FOR ANY TASTE

The special activities for seniors during the Games were various: walking soccer, krolf, percugym, bodyArt and more. The weather was beautiful and the participants enjoyed lots of exercising in Uzvaras Park and Arkadija Garden.

First World Nordic Walking World Cup took place in Mežaparks, Street Workout World Cup 2017 had success in Jurmala with lots of spectators, Bowling and Darts Championships were organised in Riga. Tug of War Championship, Latvian Open Crossminton and YOU.FO tournaments were all events of the big championship sports programme of the WSG 2017. Morning exercise (Wake up Riga) was especially popular among WSG 2017 participants and locals. It was also possible to enjoy such demonstrative sports as spikeball, darni, slackline, disc golf or table football.

## 100 TEAMS ON 50 COURTS - A WORLD RECORD ATTEMPT

These CSIT World Sports Games in Riga were the first in history during which a Mamanet World Record attempt took place with 100 teams playing simultaneously on 50 courts in Lucavsala, the popular recreation area on the left bank of the river Daugava with a postcard view of Riga. The record was devoted to centenary of Latvia.

“Every mother can!” is the motto of Mamanet. The main goal is to involve thousands of mothers around the world in the Mamanet movement, to give them the opportunity to become role models for sports and healthy lifestyle for their families. In Riga

Mamanet was included for the first time in the Official Championship programme of the CSIT. The majority of participating teams were from Israel, others came from Latvia, Mexico, Austria and Italy.

## GREEN CARD FOR FAIR PLAY

The implementation of the Green Card into the Games in close cooperation with EFPM (European Fair Play Movement) is a very important step and a perfect opportunity to emphasise the values of Fair Play competitions, respect, friendship, team spirit, equality and respect for written and unwritten rules such as integrity, solidarity, tolerance, care, excellence and joy.

In Riga several athletes were awarded for Fair Play: Varda Mirkin from the Israelian Mamanet team, the Austrian judoka Andreas Mruk and the Brazilian table tennis team. Although the use of the green card as Fair Play recognition sign is not yet so common, CSIT is doing a lot in promoting this special practice with implementing the use of the green card to the championships. WSG 2017 is a perfect example of success in this effort.

## FICS TEAM AT WSG-2017

Both the host union LTSA and the participants would like to say special thanks to the International Federation of Sports Chiropractic



(FICS) for their excellent work! 18 FICS specialists were providing their services to the participants during the 5<sup>th</sup> CSIT World Sports Games in Riga. It was the second time that FICS teams were working in the CSIT World Sports Games. FICS specialists are, no doubt, high-class professionals and they were able to provide necessary assistance and find individual treatment option for every athlete.

## SEE YOU IN TORTOSA 2019

Everyone is already excited about the new 6<sup>th</sup> edition of the World Sports Games 2019 in Tortosa, Catalonia, in Spain. The host contract between CSIT and the Catalan host organisation UCEC was signed during the World Sports Games in Riga.

So see you soon in Tortosa! ✨







# IMPRESSIONS FROM RIGA





*CSIT President Bruno Molea (left) and the Latvian President Raimonds Vējonis at the opening ceremony*





# WORLD SPORTS GAMES 2019 on TRACK!



by Roger Pedret



**TORTOSA WELCOMES THE WORLD OF CSIT AND IS LOOKING FORWARD TO HOST THE CSIT WORLD SPORTS GAMES 2019. WELCOME TO A DESTINATION, WHERE THE WHOLE FAMILY CAN ENJOY A VARIETY OF DIFFERENT CULTURES, A BEAUTIFUL NATURE AND A VERY SPECIAL AND RELAXING ART OF LIVING.**



**W**e consider the World Sports Games as the great opportunity to consolidate non-professional sport in the country's public sports policy. In this respect, we want participants in the Games not only to find a well-planned sporting event, but also to get to know the territory, to mix with the general public, who we strongly believe must see the Games as an important moment in the history of the city, to discover our culture, to have a wide choice of leisure and recreational activities, and, especially, to achieve a true sense of sharing among the delegations under the single flag of sport. The period of the event will be prospectively from June 19 to 25, 2019, whereas the games invitation will be sent out officially in the second quarter of 2018.

We are going to create a great voluntary network, which will provide

an excellent attention to each delegation. But also we want to professionalize the organization of the Games, so we have already signed collaboration with one of the country's leading companies in the organization and management of sportive events. To achieve this grade of professionalism we are creating a mobility master plan with a local company to handle the transport between hotels and sports infrastructures.

## VISIT TORTOSA

Located between the Ports and Delta de l'Ebre natural parks, in a Biosphere Reserve, stands Tortosa, a Mediterranean city with a history going back thousands of years. Tortosa is the capital of the region of Terres de l'Ebre, a region that stands out for its combination of an outstanding natural and an excellent tourism and sports infrastructure.

Tortosa and Terres de l'Ebre have a consolidated hotel infrastructure, being an outstanding destination for gourmets and one of the benchmarks of Catalan cuisine as an exponent of the Mediterranean cuisine that has achieved such merit worldwide.

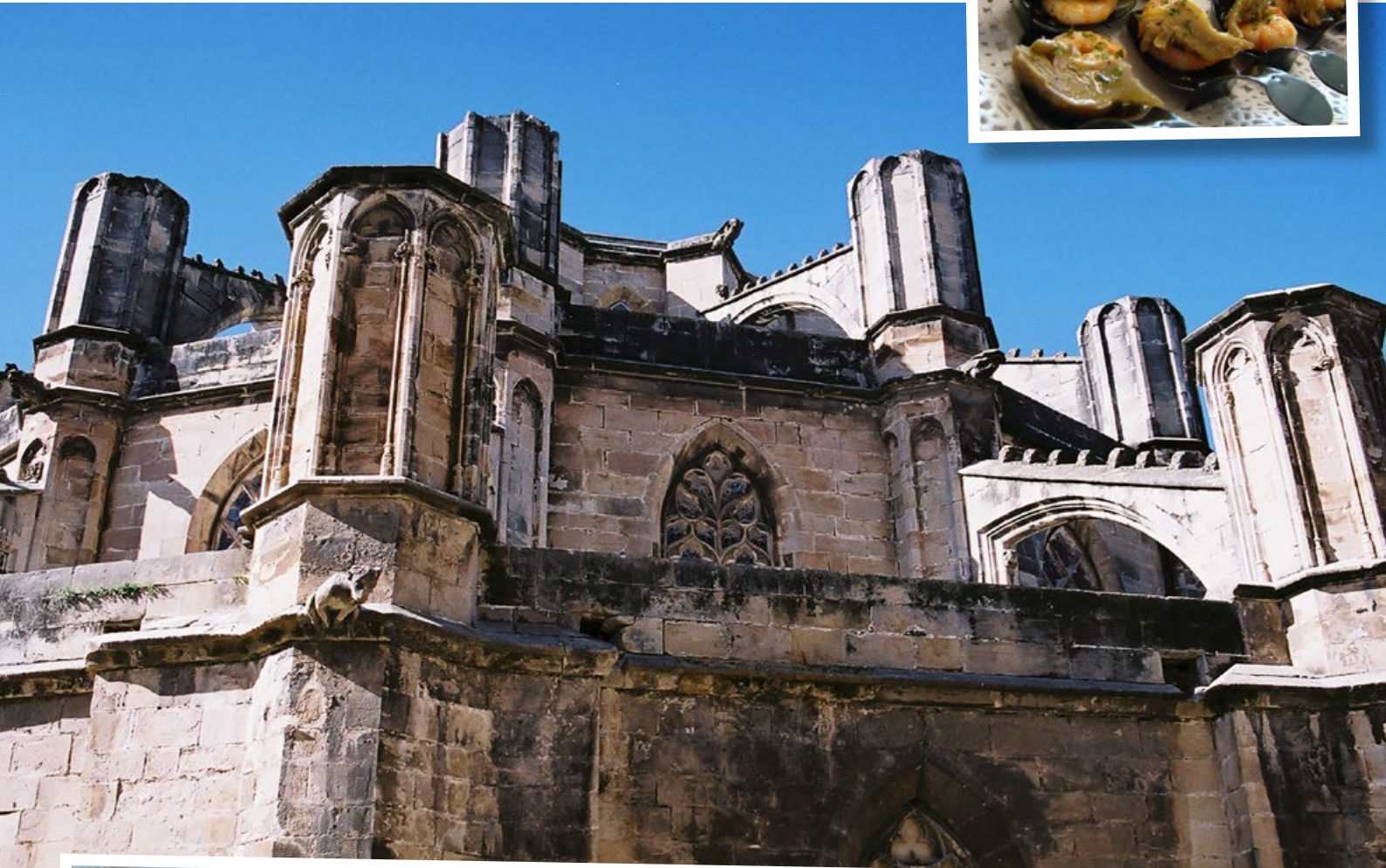
With a deep historical architecture, Tortosa is also known as the city of three cultures: Jewish, Christian and Muslim. Some of the historic buildings of Tortosa are: Suda Castle (X century), Tortosa Cathedral (year 1347), The Jewish Quarter (year 1149) and the Arabian towers (year 714).

Get to know a city where history has left its mark over the centuries and is combined with a natural contrasting environment. On one hand, the mountains of "Els Ports", which are imposing as a wall of more than one thousand meters, and the other, the Delta de l'Ebre, a landscape of rice fields and beautiful beaches.

**Tortosa is a destination to enjoy culture, nature and the art of living with the whole family.**







*The bosses of the WSG 2019:  
Ferran Bel, Jaume Domingo,  
Bruno Molea and Xavier Pallares  
(from the left)*





**Ferran Bel i Accensi**  
Mayor of Tortosa

Dear CSIT Members,

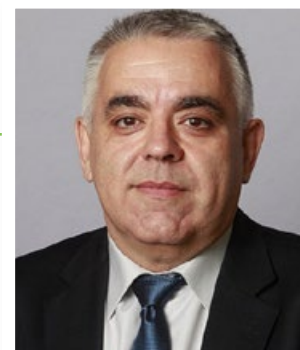
As mayor of Tortosa it is a privilege to organize the CSIT World Sports Games 2019, an international sports event for which our city has the infrastructure, skills and capacity to be able to receive with guarantee of success.

Tortosa is the capital of Terres de l'Ebre, a region where the weight of history, the natural environment and the Mediterranean character, make a unique and attractive territory. Tortosa is a welcoming city with more than 2.000 years of history, which has seen different cultures and civilizations. The result of this legacy is a dynamic city with around 35.000 inhabitants, which occupies the institutional, commercial, cultural, touristic and sports center of Terres de l'Ebre region.

From the city council of Tortosa we understand sport as a tool for the transformation of the city and as driver of ethical and social values, especially to young generations. We have been boosting different investments during last years to modernize and expand the sports facilities on the municipality. Thanks to the improvement of the quality of these facilities, we've been able to organize international high-level competitions in different sports. The key to understand the vitality and dynamism of sport in our city and our region is that we have sport clubs with hundreds of young athletes whose main objective is not only to win and compete but also to share the same values that show up on the foundational spirit of the CSIT.

For Tortosa and the entire region of Terres de l'Ebre it is a pleasure to welcome the world of CSIT during the World Sports Games 2019.

I look forward to see you all in Tortosa.



**Jaume Domingo i Planas**  
UCEC president

Dear friends,

It's a pleasure for me to address you a few words from this magazine. As you well know, we are perhaps one of the newest CSIT partners. It is an honour for us to be part of this great family, and without a doubt, it is a great challenge to organize for you the flagship event of your organization.

In this sense, I want to announce you the enthusiasm, commitment and determination with which we set out the organization of the CSIT World Sports Games in June 2019. You should know that the Union of Sports Councils of Catalonia (UCEC) has a consolidated trajectory in the organization of multitudinous sports events. We are a private non-profit entity of public and social interest. We have 500,000 members in a country of 7,000,000 people. We have always worked side by side with the country's government, developing sports policy from the perspective of health, inclusion and values.

We have recently assumed the government's commitment to develop deeply popular sport; sport for everyone if you want to say it this way. That kind of sport that does not exclude either by physical condition or by age, which brings us wellness and happiness, and for its transversal character, it becomes one of the most powerful tools in the country to integrate. A dual model of sports policy, that brings on excellence through federative sport and participation through popular sport.

It is in that aspect that our relationship with the CSIT and all its members makes sense for us. You can be sure that we will have all the material and human resources in favour of the Games. But we really have great hopes of doing so with your collaboration. We are organizing these Games for you, for your athletes. But we also really want to organize them with you. Our aim is taking advantage from the duty of organizing the WSG 2019 to consolidate popular sports as a country's public policy through your knowledge and experience.

Friends, we wait for all your opinions and suggestions to build together the best World Sports Games in history of CSIT!



THE CANDIDACY OF TORTOSA AS HOST FOR THE CSIT WORLD SPORTS GAMES 2019 WAS PROMOTED BY CSIT MEMBER-UNION UCEC, THE UNION OF SPORTS COUNCILS OF CATALONIA, IN SPAIN. TORTOSA WAS CHOSEN OVER COUNTRIES SUCH AS MEXICO, FINLAND AND ISRAEL DUE TO THE ECONOMIC, CULTURAL AND INTELLECTUAL IMPORTANCE OF TORTOSA AND ITS SURROUNDINGS. BEFORE THE CSIT WORLD SPORTS GAMES 2019 UCEC HAD ANOTHER BIG PROJECT AND CAMPAIGN WITH THE CATALAN SCHOOL SPORTS GAMES: “I ALWAYS WIN”.

by Josep LL. Arribas

# “I ALWAYS WIN”

UCEC BROUGHT 180,000 SCHOOL-AGE KIDS TO  
THE CATALAN SCHOOL SPORTS GAMES





## OVER 180,000 SCHOOL-AGE ATHLETES PARTICIPATED

During the school year 2017/18 over 180,000 children have participated in the School Sports Games of Catalonia organised by UCEC. Of these, 25,000 played in the regional finals, one for each of the 45 counties of Catalonia with over 100 national finals with 8,000 children each.

The School Sports Games fully integrated two important elements: on one hand, to incorporate sporting values and Fair Play into the results of the competitions, and on the other hand, to consolidated the figure of game mentors, previously known as referees. The system values and takes the behaviour of coaches, athletes, and the audience into account as part of the score of the competition.

## PRESENTATION TO THE CATALAN GOVERNMENT

Jaume Domingo, UCEC President and President of the Sports Councils of Catalonia presented the huge and very important project to Neus Munté, councillor of Catalonia's government, and to Gerard Figueras, General Secretary of Sports. The meeting took place at the Palau de la Generalitat, opening the presentation of the new model of governance of Catalan sports.

During the meeting, Jaume Domingo placed a special emphasis on the social role of sports, one of the main lines that the Sports Councils are working on: Activities such as the change in the model applied in the School Sports Games of Catalonia to favour education in values over competition, or the organisation of the 2019 World Sports Games.

The councillors set out different proposals like the establishment of

national agreements on school-age sports and for sports in the community, modifications in the Decree of Sports Councils and in the Catalanian Sports Law, activities to promote sports on the community level, such as the organisation of the CSIT World Sports Games or setting up a national campaign to promote the new sports model of the Sports Councils.

## "I ALWAYS WIN", THE COUNCILS CAMPAIGN

The Sports Councils of Catalonia have explained their commitment of training people with an intensive campaign. Videos on social networks, radio adverts or press releases, all formed a part of the campaign carried out over the course of 2017 in Catalonia with the slogan "I always win".

The main features of the model: It takes not only the final result. It takes both, scores and positive attitudes. Priority is also given to education, not just to the aspect of competition. The different councils can then choose between an integrated system, with a single score, or a parallel system with one classification with scores and another that takes the application of sports values into account. All 45 Sports Councils of Catalonia have incorporated values into the results of the sports competitions.

The campaign was intended to show these changes in the sports games, but also to spread the education in values that they promote. "I always win" underlined that besides the result of a competition. We always win if we apply values such as solidarity, inclusion or a common effort into our everyday life. ✨

*School and Sports  
inextricably linked. Sports  
is more than just medals!*



# CSIT Congress EILAT 2017

## NEXT STEPS INTO THE FUTURE

by Wolfgang Burghardt, Secretary General CSIT

**IT WAS THE FIRST CSIT CONGRESS WITH THE ITALIAN BRUNO MOLEA (AICS) AS PRESIDENT OF THE CONFEDERATION AFTER HE TOOK OVER FROM THE AUSTRIAN HARALD BAUER (ASKÖ) IN 2016.**

**T**he Congress in Eilat at the Red Sea was organized by CSIT member organisation HAPOEL Israel and opened with welcome words of Hapoel Chairman Prosper Ben Hamo. "General Manager

Yoram Arnstein, Avi Sagi and their Team did an excellent job and made the stay in Eilat for the whole delegation very enjoyable", summarized General Secretary Wolfgang Burghardt. Before the Congress CSIT President Bruno Molea and the ExCom were invited to the Eilat Town Hall for a meeting with Deputy Mayor Mr Eli Lankri and had a fruitful discussion about future co-operations and new opportunities through sport as

a key-driver for economic development of cities.

**VISION,  
STRATEGY AND  
PROFESSIONALISM  
THIS IS THE  
FORMULA**

For President Molea – member of the Italian parliament – it was of highest importance to make a statement after one year of his presidency about his vision and future ways of







CSIT under his leadership. In his opening speech he emphasized that the CSIT as global organisation must aim to be an up-to-date model, capable to interact with all: young people, adults and seniors, no matter of their origin, religion, politics and economic situation, physical and intellectual kind of ability.

Bruno Molea stated that he had many fruitful discussions with the Executive Committee, the General Secretary and the Sports Director. Together they share the opinion that the CSIT has the need to bring in new sports, and mainly sports with a popular value: "Our confederation needs to be flexible, smart and modern so to have an appeal for new generations. It is a need to share a clear, strict and common vision of CSIT and to share the effective strategies. For that reason the Working Group Strategy has been upgraded and together with the ExCom and the member unions' involvement an updated CSIT strategy plan should be created for the next years."

"Without a definitive vision and qualified managers", Molea underlined further on, "there are no effective

strategies. Our goal is to capitalize the expertise of the oldest members and to promote the exchange towards the new CSIT generations. In this way we guarantee the continuity and the high quality of work."

### AFTER THE CSIT WORLD SPORTS GAMES IS BEFORE THE NEXT EDITION

Main topics of the Congress were on the one side of course a replica and resume to and of the CSIT World Sports Games 2017 in Riga (Latvia), and on the other side a preview to the upcoming World Sports Games (WSG) in June 2019 in Tortosa (Catalonia / Spain). The colleagues from the Riga Organizing Committee under the leadership of President Andris Berzins made a detailed final report about the WSG last summer. After the presentation of a book and a movie about the Riga WSG, the curtain of this important chapter of CSIT fell under applause of the whole Congress.

Simultaneously the CSIT and their Technical Sports Commissions are

looking forward to a good and close future co-operation with the young and very competent Catalan colleagues from the region in Terres de L'Ebre / Spain. The colleagues of the Tortosa Organizing Committee (TORTOC) introduced their concept of the next WSG edition in June 2019. The CSIT ExCom as well as all Congress participants were pleased about the ideas and the clear concept; already with the implemented recommendations of the participants based on the standard analysis of the last WSG. A first official WSG 2019 invitation with the main milestones will be published in the 2<sup>nd</sup> quarter of 2018.

### CANDIDATURES CSIT WORLD SPORTS GAMES 2021 & 2023 ARE WELCOME!

The CSIT management is already working further and can proudly announce that there are 4 highly interested candidate cities from Europe, Asia and America as host for the CSIT World Sports Games 2021 and



2023. WSG 2021 Application Deadline is October 1<sup>st</sup>, 2018. For further information please contact CSIT General Secretary Wolfgang Burghardt.

## NEW DIRECTION OF CSIT

2019 could also be the first games, where CSIT offers programs for disabled people. One huge step into the future was the implementation of the Swiss Paralympic Federation (FederSwiss) as new member of

CSIT during the Congress in Eilat. A cautious convergence of both worlds is aimed and shows that the CSIT movement is a lot more than a sports organisation. This is one vision of CSIT President Bruno Molea, who appreciated the big support and trust in advance of all delegates in his work.

## MEASURES FOR STRENGTHENING TOLERANCE, RESPECT AND FAIRPLAY

In particular the sports regulations of CSIT have been tightened in case of non-respecting elementary values like tolerance, respect or Fairplay. The Congress approved unanimously to execute uncompromisingly CSIT's Zero-Tolerance Policy in case of refusing to compete against another athletes or teams due to political, religious or further discriminatory reasons.

## SPORTS INVENTORY AND NEW IDEAS

New sports categories and disciplines are always welcome. Sports Director Henk Bouchoms is looking forward to receiving proposals from the member unions. One could be Karate and several martial arts activities.

## YOUNG LEADERS CSIT FUTURE

Vice President Anu Rajajärvi from Finland held a conference for Young Leaders during the Congress week. Partners for future EU Projects are wanted.

## NEW COOPERATION PARTNERS

The CSIT management proudly announces new cooperations with the International Pitch and Putt Association, the Pole Sports and Arts World Federation and the Federation International Cinema Television Sportifs. President Molea is pleased about the growing interest in the global sports movement to cooperate with the CSIT.



*Red Card to discrimination!*



## MAMANET THE PERFECT TRANSMITTER OF SOCIAL THEMES

Founder Ofra Abramovich informed the Congress about the development of Mamanet International in countries like Italy, Austria, Latvia, Cyprus and others. She also updated about projects with refugees, concerning the battle with breast cancer, but also about Golden Mamanet together with Vice President Palle Thomsen and Sports for Elderly People in the CSIT movement.

## CHANGE OF ARTICLES

The Congress accepted with a clear majority the proposal of the

Executive Committee concerning the restructuring of the membership fee systems. One important point is that member unions will be excluded automatically after three times non-payment of membership fees.

## CONGRESS 2018 IN TORTOSA THE CATALAN HOST CITY OF THE CSIT WORLD SPORTS GAMES 2019

The next CSIT Congress will be held in Tortosa / Spain (October 23<sup>rd</sup> – 28<sup>th</sup>, 2018), the central city of the beautiful Catalan region Terres de l'Ebre. CSIT member union and host UCEC is looking forward to welcoming the whole CSIT movement in the city of the next highlight 2019. ✨



*Sports Director Henk Bouchoms presenting the findings of the Riga Games evaluation and conclusions*



# A SOCIAL PROJECT for migrants between sports and culture

AN ITALIAN MODEL AS A EUROPEAN EXCELLENCE

by Patrizia Cupo, AICS

**SINCE 2015 THE ITALIAN ASSOCIATION OF CULTURE AND SPORT AICS IS RUNNING A PROJECT FOR APPLICANTS FOR ASYLUM AND REFUGEES. THE HIGHLY REGARDED MODEL IN ITALY IS ALREADY MEANT AS AN EUROPEAN EXCELLENCE: MORE THAN 200 MIGRANTS RECEIVE CO-ORDINATED TRAINING COURSES, TERRITORIAL ORIENTEERING AND VOLUNTARY ACTIVITIES AND THE POSSIBILITY FOR MANY SPORTS ACTIVITIES, IN ORDER TO PROMOTE SOCIAL COHESION BETWEEN THE COMMUNITY AND MIGRANTS TO SUPPORT MIGRANTS IN DEVELOPING SKILLS AND LEARN NEW JOBS**



In February 2017 a bipartisan delegation of the “German Bundestag” visited the international Youth Hostel Villa Camerata located in Florence, where AICS takes care of more than 100 migrants in cooperation with AIG (the Italian Association of Youth Hostels). The visit of the Parliamentary delegation, headed by the Deputy Mr. Gero Storjohann (member of CDU-CSU, representing all the German Parliament) was in order to get intensive knowledge about the project and develop possibilities how to export this social model abroad. The staff of the migration centre and the representatives of the local institutions and civil society illustrated the delegation all projects addressed to applicants for asylum and refugees, aiming the construction of active citizenship, above all sport practices.

Both in Florence (Tuscany) and Naples (Campania), where refugees (respectively 100 and 120) from Africa and Asia are housed in Youth Hostels, AICS established sports organisations where migrants practice sports together with young athletes of the regions. In Florence the club AICS Accoglienza Solidale launched the first Italian athletic team of migrants, officially introduced also to the Chamber of Deputies. The Team is composed of migrants supervised by AICS and trained by the world champion of march, Milena Megli. In Naples, instead, sport club AICS Napoli composed a football team of migrants, living in the Youth Hostel of Mergellina, coordinated by Manuela Papaccio.

The Manager of Prefecture, Alessandra Terrosi, the Regional counsellor of immigration, Vittorio Bugli, the town Hall counsellor of





welcoming, Sara Funaro, and the general coordinator of AICS Accoglienza solidale, Valeria Gherardini, met the Parliamentary delegation from Germany and had a fruitful discussion.

AICS President and CSIT President Bruno Molea stated: "Receiving migrants in a location as a youth hostel means to create the perfect combination of interactions between travellers, all meant as human beings; moreover, through the voluntary activities and the sport practices we create the best conditions to let the newcomers become community

members and citizens to recognise them as relevant part of their own community. At the moment we are trying to enlarge our capacity to receive migrants in Italy, to cooperate with new cities and to export this effective model abroad. For this reason the visit of the German Parliamentary delegation is an excellent chance to show our expertise as a European best practice." ✨



*Sports is the perfect transmitter for integration! Sports as the common language globally!*

## ADVERTORIAL CSIT MAGAZIN FROM 18. DECEMBER 2017

**IN TOP FORM IN YOUR TRAINING? NO TIME FOR ACHING MUSCLES? WITH BEMER PHYSICAL VASCULAR THERAPY, THE BODY CAN REGENERATE BETTER AFTER TOUGH STRAINS IN SPORT!**

For success in sport, the focus has to be as much on regeneration of the muscles as on the actual training. BEMER physical vascular therapy stimulates restricted vasomotion (the own movement of the vessels), thereby bringing about an improvement in microcirculation. In this way, use of BEMER offers **EFFECTIVE SUPPORT** and is an integral element to enable both amateur and professional athletes to be in top form.

“I’ve had very good experiences with BEMER so far. I had my personal key experience in my final unit right before the U20 world championship, when I used BEMER as therapy for my leg after a hard fall. Two days later, I already felt an improvement. I no longer experienced any constraints at all during the competition”, explains **EILEEN DEMES**, the German runner-up in the hurdles, in an interview.

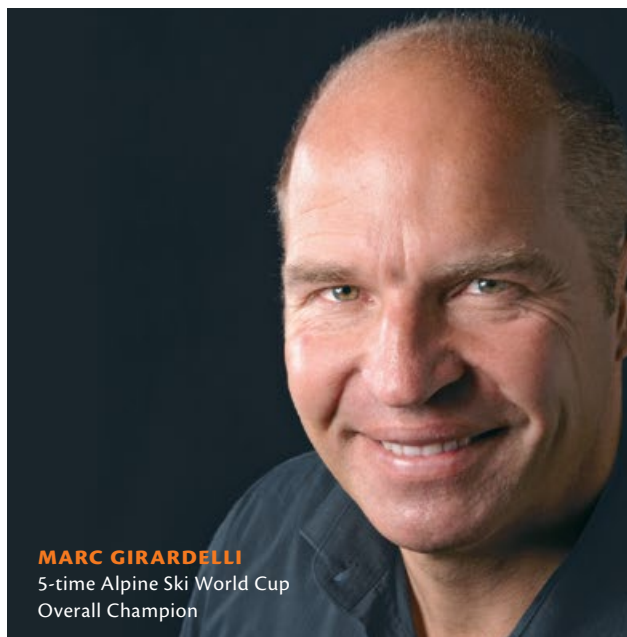
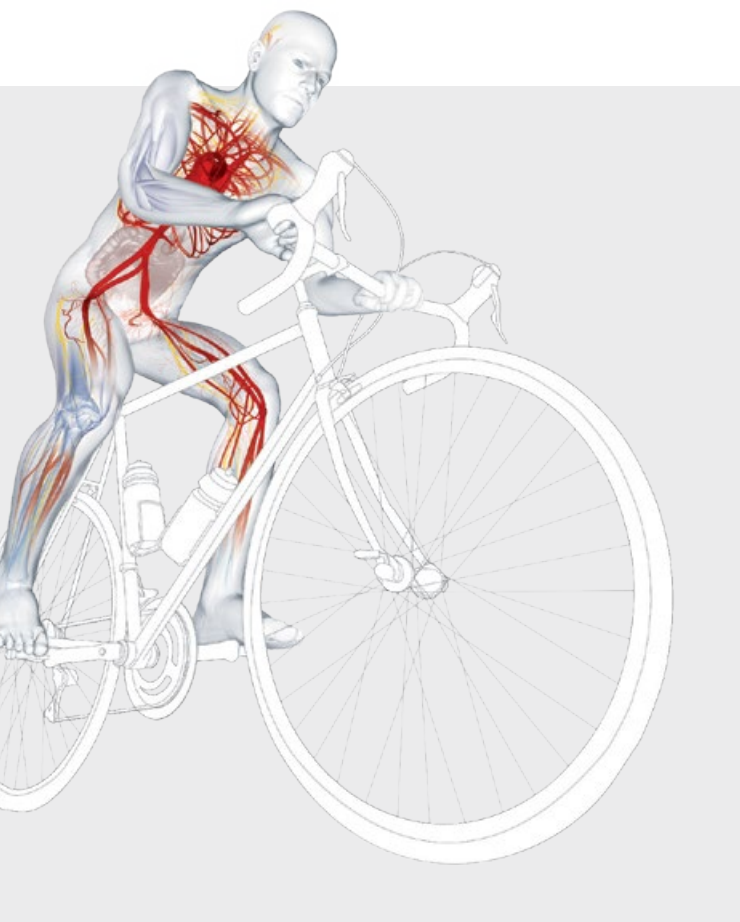


Microcirculation is a very important element for the functioning of the human blood circulation. This takes place in the fine, very widely branched network of the small and smallest blood vessels, so-called microcirculation. It supplies the body's cells with oxygen and nutrients and is an important transport route for the disposal of metabolic waste products. With increasing age and also favoured

by unhealthy lifestyles and environmental influences, the blood circulation of the smallest vessels decreases. The general supply situation of the cells worsens, as does the disposal of metabolic waste products via the circulation. Restricted microcirculation can cause or favour many sensitivity disorders and illnesses.



It is not only Eileen Demes who is convinced by treatment using BEMER: There is a wide range of users. For example, Olympic athletes like **LUDGER BEERBAUM** (riding) and **NINO SCHURTER** (mountain biking) work towards health-care with the BEMER products. Former top athletes like boxer **AXEL SCHULZ**, three-time Davis Cup winner **CARL-UWE STEEB** and ski legend **MARC GIRARDELLI** are also impressed by BEMER. "I have had very good experiences with BEMER. Not only professional athletes have been convinced by therapy with BEMER. I have experienced how many people have won back a little quality of life again with it", the 53-year-old Austrian says.



**MARC GIRARDELLI**  
5-time Alpine Ski World Cup  
Overall Champion

The company's certificates and global patents show that physical vascular therapy is also scientifically proven. In BEMER's health lectures, the goal is to raise awareness of a healthy lifestyle to a greater extent, to make people aware of a healthy way of living and to make clear how BEMER Physical Vascular Therapy® can provide effective support in this regard.

For athletes, BEMER is used to treat aching muscles, hardening and for faster regeneration. "The athletes simply have to experience that it helps", Carl-Uwe Steeb, former Davis Cup tennis player, confirms.

Since the company was founded in 1998, many thousands of patients have been examined. The results were described exactly in the clinical evaluation report 2014.

BEMER Physical Vascular Therapy® is very easy to use and can be used for anyone. It is not only used successfully in countless private households, but also in many medical surgeries and various hospitals.

#### FURTHER INFORMATION

Please contact the CSIT General Secretariat

Email: [office@csit.tv](mailto:office@csit.tv) ; Phone: +43 676 84746425



# 125 years

## Austria's Workers Sport Movement

# ASKÖ

by Michael Maurer, Secretary General ASKÖ

**ASKÖ WORKERS SPORT MOVEMENT AUSTRIA AND ITS PARTNER ORGANIZATIONS NATURFREUNDE (FRIENDS OF NATURE), FLUGSPORT (AVIATION) AND ARBEITERFISCHER (FISHING) CELEBRATED THEIR 125<sup>TH</sup> ANNIVERSARY WITH A GLAMOROUS EVENT HELD AT THE VIENNESE TOWN HALL ON 5<sup>TH</sup> OF OCTOBER, 2017. MORE THAN 400 INVITED GUESTS JOINED THE EVENT AND ENJOYED AN OUTSTANDING AND GLAMOROUS EVENING.**



It was the honour of ASKÖ President Hermann Krist to hold the opening speech and welcome all special guests from sports, politics, partners and friends. "I am very proud to be the President of this organisation. The Workers sport movement is the oldest in Austria and has changed in recent years to an open servant for all kinds of sports for everybody. We have a long and strong history and are looking forward to an exciting and interesting future. Our goals are

clear defined. We want to bring as many people to sports as possible and extend our network with a gibber offer of different kinds of sports. I want to express my special thanks to the thousands of officials in our more than 4,300 registered clubs. ASKÖ would not work without them."

Words of welcome were also expressed by the Federal Chancellor of Austria, Christian Kern via video message, the President of the National Council, Doris Bures, the Austrian Minister of Sports, Hans Peter



*ASKÖ President Hermann Krist (far left): "I am very proud to be the President of this organisation. I want to express my special thanks to the thousands of officials in our family: ASKÖ would not work without them."*



Doskozil, the Minister of Social Affairs, Alois Stöger and the president of the BSO (Bundes-Sportorganisation = Austria's Federal Sport Organisation), Rudolf Hundstorfer.

A screening of short video clips from the first 125 years ASKÖ was followed by the presentations of some great Austrian athletes as Ria Rechetsky (1960 vice world champion in field handball), Roland Königshofer (track cycling champion), Corinna Kuhnle (rafting champion) and Conny Wilczynski (Handball manager and national team player). Especially young athletes filled the audience with enthusiasm. The Danube Dragon's Cheerleading Team with a brilliant performance on stage and Trampoline Athlete Benny Wizany with a motivating statement.

One big highlight was the presentation of the Fair Play diploma to ASKÖ for more than 20-years of Fair Play engagement in Sports in Austria. In the center of attention was the presentation of the 125 years anniversary book "Sport für uns alle" (Sports for all), available online, in bookstores and in the ASKÖ office ([www.askoe.at](http://www.askoe.at), € 29,90). The Austrian Broadcasting Corporation supported the efforts of the ASKÖ as an organiser through the production of an anniversary film "125 years of workers' movement". ✨



*The Fair Play diploma for ASKÖ was handed over by Jenő Kamuti, the President of the International Committee for Fair Play*



## Historical outline

The Austrian workers' sport movement emerged in the year 1892, with the formation of the first workers' sport clubs: the friends of nature, the cyclists and the gymnasts. From the beginning, the aim was not to only work on people's coordinative skills and tone their muscles but also to train their minds. In contrast to clubs lead by people from more privileged backgrounds, the workers rejected the idea of a sole focus on competition and instead applied a more holistic approach, which aimed at training the whole body. In 1931, they organised the first workers' Olympiad and invested more in sports facilities, such as the Viennese stadium. In the 1970s, ASKÖ then established a two-pronged approach. On the one hand, there was a continuation of its focus on fitness and health. On the other hand, however, it now also included a 'competitive' branch, including the competitive aspects of sport.

The workers' sport movement has changed the way sport is perceived and has contributed to a rapid growth in the number of memberships in different sport clubs. Nowadays, the A in ASKÖ no longer stands for 'Arbeiter (workers) sport' but for 'Arbeitsgemeinschaft (working community)'. ASKÖ takes its role as a service provider for our society very seriously and the organisation hopes it can continue to flourish and wants to prolong its existence for at least another 125 years. ✨



# SATUS Sports Festival

## to be part means having fun

by Silvia Wägli, Secretary General SATUS



1,000 PARTICIPANTS COMPETED IN SINGLE COMPETITIONS AND TEAM COMPETITIONS AT THE SATUS SPORTS FESTIVAL 2017. ABOUT 400 VOLUNTEERS WERE ON DUTY FOR THREE DAYS AND FOR THE FIRST TIME THE POPULATION OF THE HOST CITY OF THE FESTIVAL WAS INCORPORATED.

With the implementation of the competition "Fastest kids of Köniz" for schoolgirls and schoolboys of the community and the organisation of a play-day for all families with children between three and twelve years, SATUS made it possible to entice the whole population of Köniz, which was deeply involved in the sports festival. Many families used the special offer. Laughing children's faces and happy parents were the reward for the organizers and volunteers.

The final event of the festival was the closing ceremony with the final of the running competition and a contest with an unforgettable demonstration of sports clubs. Christian Vifian, President of SATUS Switzerland and President of the organizing committee, and his crew succeeded and did an excellent job. 



According to their "vision 2020" for sports-cultural experiences, SATUS organised their festival 2017 in Köniz this time "a little bit different". Main goals were not only sports activities. All was about joy of life and cooperation. The big goal was to arrange the festival on one hand in terms of content and on the other hand making a big step forward in organizing.

SATUS offered therefore a diversity of side events alongside the traditional sports and prepared the party differently. As it was scarcely possible to find clubs that are capable of organizing such a big occasion they established an organization with SATUS Switzerland, SATUS Köniz and SATUS Bümpliz, that at the end has proved itself very well.







*Swiss President Christian Vifian heading the parade at the SATUS Festival*







# I Am Aware

A VERY SPECIAL TOURNAMENT SERIES

ANOTHER GOOD REASON THAT EVERY MOTHER CAN AND NEEDS TO BE IN MAMANET

by Galit Avshalom

16,000 MAMANET LEAGUE PLAYERS IN ISRAEL AND THOUSANDS MORE MOTHERS AROUND THE WORLD MARKED 2017 THE BIG FLAGSHIP EVENT OF THE MAMANET LEAGUE „I AM AWARE“, TO INCREASE AWARENESS ABOUT THE IMPORTANCE OF EARLY DETECTION OF BREAST CANCER.



*Austrian EFPM President Christian Hinterberger handed out one of the EFPM Fair Play Awards to Ofra Abramovic, head and founder of Mamanet, a partner organization of CSIT*



Thousands of mothers are playing Mamanet in many countries worldwide. Some CSIT member unions already implemented Mamanet and some started to run their own national leagues. At the CSIT World Sports Games 2017 Mamanet was for the first time in the official program. But Mamanet is the meanwhile no more only a social movement. With tournaments like “I Am Aware” Mamanet is getting also a health-social community. “I Am Aware” was initiated years ago to increase public awareness for early breast cancer detection and is now spreading out worldwide.

2017 for the first time, the “I Am Aware” event also took place in Mamanet leagues overseas. The exposure of the Mamanet league activities in the CSIT World Sports Games in 2015 formed a big international platform and the creation of the infrastructure for growth of the Mamanet league in additional countries as well as for events like “I Am Aware”.

Ofra Abramovich, Mamanet chairwoman and founder: “The idea of a player that wanted to promote an important idea, which directly or indirectly impacts every woman, has become an established event with a strong and important message, and one of the important topics



of Mamanet as a platform. This is another expression of the health-social-community responsibility of Mamanet. An event of this sort is at the same level with the morals and values of the Mamanet league, which are burned into its DNA, and also is aligned with the Olympian values: excellence, friendship, respect”.

“Mamanet embraced me, Mamanet accompanied me, I didn’t have time to do sports while with the illness”, says Noah Gros, the chairwoman and player in the Mamanet Tel Aviv league, who went two years ago to get checked after the “I am aware” event, and discovered that she had breast cancer. “The women played with me when I could between the chemotherapy and radiation, hugged me and gave me time, at a time when I couldn’t do anything. They looked after me. This is networking that is not virtual. It is important to say: ‘I Am Aware’, I also stop for a moment in life to go and get checked.”

Even more and more politicians worldwide get notice of the big movement and state the importance of “I Am Aware”, like Thessalian S. Shambos, Ambassador of Cyprus in Israel, who joined the flagship event 2017: “I was amazed to observe and be part of the event in this most successful tournament that received wide media attention. The tournament was a brilliant celebration of life and womanhood, that attracted more than 1,000 female players from Israel and abroad. I firmly believe that Mamanet’s worthwhile social contribution through the “I Am Aware” tournament disseminates the vital message of early prevention, public awareness and support on breast cancer detection, while at the same time constituting Mamanet as an excellent channel of active women empowerment at the grassroots level.



## MAMANET AUSTRIA a story full of success

by Christina Gschweidl

**21 WEEKLY COURSES AT THE MOMENT, AN AUSTRIAN NATIONAL TEAM AT THE CSIT WORLD SPORTS GAMES IN RIGA 2017, THE 2<sup>ND</sup> PLACE FOR THE BSO WOMEN POWER AWARD 2017, AN AWARD FOR A SOCIAL PROJECT, MANY SEMINARS, COACH THE COACH TRAININGS, THE DEVELOPMENT OF A BEST PRACTICE MODEL, NEW JOBS AND PERSPECTIVES, HAPPY WOMEN, AND MUCH MORE – THIS IS MAMANET AUSTRIA. RAPIDLY GROWING.**

The launch of Mamanet in Austria was the first international Mamanet conference at the end of October 2015 in Eilat, Israel. But it was not easy at the beginning: The project had to be made known in Austria by several presentations in bodies of associations and above events and introductory trainings in clubs. Very helpful on that difficult way was on the hand the network of the Austrian CSIT member union ASKÖ and on the other hand the international character of Mamanet and the possibility to participate in international tournaments like the CSIT World Sports Games 2017. An Austrian Mamanet National Team was sent to Riga and ranked 14<sup>th</sup> out of 30.

Meanwhile there are 21 weekly courses in Austria. The first competitions in the official regional Mamanet Austria league took place in November 2017 and at the end of the season the first national championship will be held in Vienna in June 2018. Mamanet reaches women in Austria across all age levels and regardless of their origin. Throughout Mamanet arise perspectives and new tasks in Austria. Thus, some women were already given new jobs at Mamanet Austria. In recognition of all the work, Mamanet Austria was awarded with the 2<sup>nd</sup> place of the Women power award 2017.

Mamanet in Austria has already been evaluated by the Center for Sports Science at the University of Vienna. The more than 100-page baccalaureate work also confirms the goal achievement by means of partly very positive emotional interviews.

**Mamanet makes the world a bit more friendly, nicer and brighter!**



# Sunny BULGARIA

## WHERE SPORT MEETS THE SEA

by Desislava Yagodin

**15<sup>TH</sup> BULGARIAN WORKERS' SPORTS FESTIVAL WITH INTERNATIONAL PARTICIPATION OF CSIT.**

**THE BEAUTIFUL BULGARIAN SEA RESORT ALBENA WILL HOST THE 2018 CSIT BEACH VOLLEYBALL CHAMPIONSHIPS (MEN AND WOMEN) FROM JUNE 5<sup>TH</sup> TO JUNE 10<sup>TH</sup>. ORGANIZER OF THE CHAMPIONSHIPS IS THE BULGARIAN WORKERS' FEDERATION "SPORT AND HEALTH" – AN ORGANIZATION THAT HAS ALREADY ORGANIZED SUCCESSFULLY VARIOUS CSIT CHAMPIONSHIPS, AS WELL AS THE CSIT WORLD SPORTS GAMES 2013.**




"We are convinced that the gorgeous Albena beach, the new friendships and the competitions at the highest level will be remembered fondly by all participants and that they will depart home with fantastic memories that they will never forget!", stated Desislava Yagodin, BWF-President and CSIT-Vice President. "So, mark the date February 5<sup>th</sup>, 2018, in your calendar – send your preliminary application form in time and thus make sure that you will be part of this great championship!"

Fancy practicing and competing in another kind of sport? You will surely find your favorite sport included in the program of the 15<sup>th</sup> Workers' Sports Festival with International Participation, in the frame of which the 2018 CSIT Beach Volleyball Championships will be held. The Festival offers no less than 19 different kinds of sports! Apart from the most popular sports disciplines that

are usually featured in the festival of BWF "Sport and Health", the 2018 edition will have competitions in beach football, beach tennis and Mamanet – an exciting new sport practiced only by women! Of course, mini football, volleyball, table tennis, streetball, swimming, pétanque and many other kinds of sports will once again be part of this huge and entertaining

gathering of thousands of persons who are united by their love for sports.

Find all relevant information on the website of BWF "Sport and Health": [www.bwsf-bg.org](http://www.bwsf-bg.org)

**Albena is waiting for you in summer 2018.** 







*The wonderful Bulgarian coast with the Golden Beach, a place full of workers sports tradition*





# NOTHING IS FOR SURE

## EARTHQUAKE IN MEXICO ALMOST CAUSED THE CANCELLATION OF THE LABOR GAMES

by Ruth Vázquez, INDET México



**INDET MÉXICO WAS COMPLETELY PREPARED TO CELEBRATE THE 45<sup>TH</sup> NATIONAL SPORT AND RECREATIONAL LABOR GAMES WITH 1,800 PARTICIPANTS REGISTERED FROM 28 MEXICAN STATES TO COMPETE IN CHESS, ATHLETICS, BADMINTON, REGIONAL DANCE, BASKETBALL, BASEBALL, SOCCER, SWIMMING, TABLE TENNIS AND VOLLEYBALL. IT WAS ONLY 6 DAYS TO GO... HOWEVER, NOTHING IS FOR SURE.**

**T**uesday, September 19<sup>th</sup> 2017, 13:14 just two hours after all people in Mexico made the National Simulation to commemorate the earthquake from 32 years ago, a new and strong earthquake surprised all Mexico's Central Zone. This time, because of the new technologies just minutes later, Mexico started to find out the size of the tragedy.

That day the scenario was a little bit different than 1985. This time Mexico had much less fatal victims, but certainly much more buildings damaged, like traditional markets, schools, apartments and many churches of the past legacy.


INDET faced a first challenge after the earthquake: to cancel the Opening Ceremony for the National

Games. The Ceremony was to be held in Mexico City "Campo Marte" with the assistance of top Federal Mexican Government officials. Once that decision was made effective, INDET faced more days to come with the possibility to cancel the complete event of the National Games, because the venue in Morelos State that hosts the INDET games every year had heavy damages in hotels and sport facilities.

Finally, the Mexican Work Congress and INDET directives came to the decision to continue with the Games. Circumstances have been not easy but the decision was made: the 45<sup>th</sup> edition of the Labor National Games will be done with some changes. INDET faced great effort and negotiations, but finally beds and rooms were reserved for everybody

as well as the sport facilities.

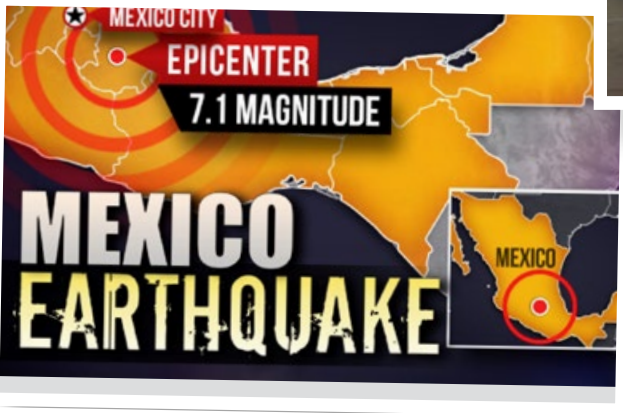
INDET Mexico faced an exceptional momentum. The 45<sup>th</sup> edition of Labor Games will be remembered as the games that were almost cancelled due to a natural catastrophe. But power and determination that all Mexican people are showing have made the Games possible. For the first time, Mexican Labor Games were done in two groups in order to receive all participants on the new dates. Mexican National Labor Sport and Recreational Games were held in the last week of October and on the third week of November.

**And certainly, that's the spirit: "Mexican workers are stronger and more united through sports!"** 





*INDET, the Mexican member union of CSIT, shows solidarity with the victims of that national disaster*





# EXERCISE & a happy REUNION

## SENIORS WITH FRIENDS AT THE CSIT WORLD SPORT GAMES IN RIGA



**THE SENIOR ACTIVITY IS DIFFERENT FROM MANY OF THE OTHER SPORTS ACTIVITIES THAT TAKE PLACE DURING THE CSIT WORLD SPORTS GAMES, BECAUSE WE ARE NOT EXCLUSIVELY FOCUSING ONLY ONE SPORT. THE SENIOR ACTIVITY IS A 5-DAY WORKSHOP WHERE THE PARTICIPANTS EXPERIENCE A VARIATION OF DIFFERENT SPORTS AND ACTIVITIES. 80 SENIORS (AGE +55) FROM EIGHT DIFFERENT NATIONS MET FOR FIVE GLORIOUS DAYS IN RIGA DURING THE 5<sup>TH</sup> WSG.**

by Poul Sölvstein, CSIT Working Group 55+

**E**very union member has an obligation to introduce one or two popular sport activities from the home country and share knowledge and experience for a worldwide development of senior sports. In Riga the senior group tried "Walking soccer", "Mamma-net for seniors

(Golden Mamanet)", "Krolf" and different kinds of gymnastics among many other activities.

The greatest thing about the World Sports Games is that many seniors are coming back year after year. Many have known each other since the first World Sports Games in Rimini in 2008 and this makes the

senior activities a great platform for reunion with friends from all over the world and also for intercultural development of sport for seniors.

We are looking very much forward to meet our friends again and welcoming many new seniors at the World Sports Games in Tortosa 2019.







*Full action! Oldies but Goldies!  
CSIT World Sports Games are a popular meeting  
spot for seniors from all over the world*







## WHAT AN AMAZING DAY! CSIT YOUNG LEADERS AT THE RIGA GHETTO GAMES

by Anu Rajajärvi,  
CSIT Young Leaders

**INTERNATIONALITY IS AN IMPORTANT PART OF MANY CSIT MEMBER UNIONS WORKING CULTURE. FOR THIS REASON, SEVERAL YOUNG LEADERS GROUPS WERE ENCOURAGED TO PARTICIPATE IN THE CSIT WORLD SPORTS GAMES 2017 IN RIGA AND TOOK PART IN THE THREE-DAY YOUTH SEMINAR. THE SEMINAR WAS ATTENDED BY YOUNG PEOPLE FROM FINLAND (TUL), ITALY (AICS), ESTONIA (EESTI KALEV), AUSTRIA (ASKÖ) AND THE LOCAL YOUTH COMMUNITY. THE TOTAL NUMBER OF PARTICIPANTS WAS 20 AND THE DAY SPECTACULAR.**

**T**he working method of the seminar was learning by doing. Certainly the most memorable event was to get acquainted with Ghetto Games in Riga city. While moving and experimenting, as well as discussing the youngsters learned about the local youth's thoughts

about exercise. In particular, the meeting pointed out the mobility of young people outside of organized sports activities. Very many thanks to the great primus motor of the Games, Sanda Buna, for this huge experience.

The idea of Ghetto Games is simple. Young people get together and do some sports freely without any organized training or even money. The idea was invented in Riga. One district of the Latvian Capital had huge problems with drugs, alcohol and crimes. 2003 local authorities started to improve the area and found Ghetto Games to be the best and most efficient tool to succeed. The key idea: Mix urban culture and free sports.

The Ghetto Games area is very tempting and full of different kinds of

opportunities like Basketball, skateboard, street bike, arm-wrestling, street dancing, rugby, pankration and a variety of athletics. One important part of the Ghetto Games are different kinds of happenings. The yearly held big festival is the most celebrated action sport events in Europe. It gathers a wide array of well known sport athletes from all over the world. The spirit during this festival is amazing when all participants make tricks, encourage each other, share videos and enjoy the atmosphere.

The dream of the CSIT for the future is to bring these Ghetto Games and the Youth to the CSIT World Sports Games, maybe already in Tortosa 2019 as demonstrative sports.





IN SEPTEMBER 2016 TWELVE ENTHUSIASTIC YOUNG PEOPLE PARTICIPATED AT THEIR FIRST YOUNG LEADERS MEETING HELD IN RAASEPORI NEAR THE CAPITAL CITY OF HELSINKI. THE PROGRAM LASTED ONE YEAR WITH SOME MEETINGS DURING WEEKENDS AND WEB ASSIGNMENTS. THE YOUTH ALSO PARTICIPATED IN ORGANIZING TUL EVENTS AS VOLUNTEERS.

# Young leaders in TUL

## FUTURE POLICY-MAKERS

by Jarkko Tenkula and Anu Rajajärvi, TUL

All the Young Leaders had also a chance to participate in the World Sports Games 2017 in Riga. Seven members took the chance to participate and got to enjoy the international atmosphere with over 4,000 other World Sports Games participants. During their stay in Riga they also met the rest of the CSIT-family and felt to participate also at the WSG 2019 in Tortosa.

### THE TRAINING PROGRAM IS ORGANIZED FIVE TIMES

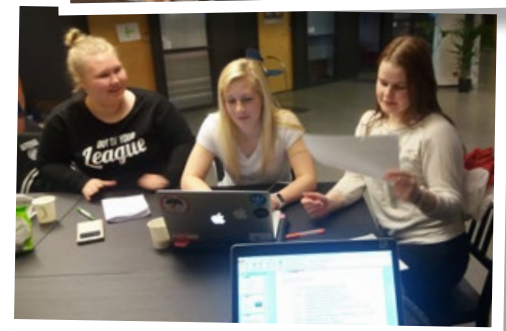
The content of the Young Leaders training program is updated every year. The goal for the fifth course was the perspective for better sport organizational work and for the Finnish Workers Sports Federation TUL, in addition to the positive experience, to

engage the youth into the TUL network and get them to stay.

The participants of the Young Leaders program were selected based on their applications; they had to tell about the role in their home association and why he or she would be the right candidate for the program. All applicants seemed motivated and interested in developing their home association and themselves as a decision maker in sport. A geographical diversity of the participants was wide and all the four operational areas of TUL (north, south, east and west) were well represented.

### FUTURE POLICY MAKERS

The first official program meeting in April 2017 was to get to know each other and to meet TUL youth commission members. The participants were told about the Finnish sport system in



the lecture given by Mr. Esko Ranto, Director General in the Department for Youth and Sport policy. Mr. Riku Ahola, Vice-Chairman of the TUL executive committee, closed with talking about making an impact on things.

The second meeting was held in Helsinki with speeches about event planning and event marketing by the national basketball coach Riku Tapio and by Jarkko Tenkula from TUL personal, to give an overview about organizing work for events.

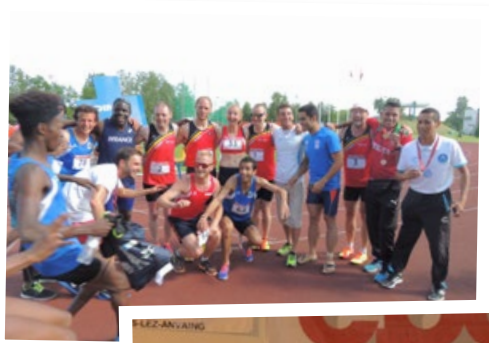
Third meeting was about daily work in sports clubs and handling. The meeting was held in Turku where it was easy to find sport clubs with a long and successful history. The group met representatives from three different clubs which all had their different strength factors. One was the most successful water polo club in Finland, second a big club with a great variety of different sports and third a small club that is run by volunteers.



# CROSS RUNNING SCHOOL OF LIFE


by Yves Richard, AFSTB

**THE CLUB OF SAINT-SAUVEUR, IN BELGIUM, CELEBRATED IN NOVEMBER ITS 50 YEARS ANNIVERSARY AND AT THE SAME TIME ON OCCASION OF THE THIRTY-SEVENTH INTERNATIONAL CROSS RUN THE INAUGURATION OF A NEW FUTURE TRACK OF ATHLETICS IN ANVAING.**



**T**his new route meets several criteria of a good cross track with extremely varied terrain like coasts, mud, forest trails, fields, fake dishes and more. Cross running is a very difficult discipline of athletics but very rewarding. The often given name comes from the diversity of the discipline: School of life!

Indeed, the season of cross running takes place during the winter period where the weather conditions are not the most favorable. But courses often composed of several rounds allow the riders to be encouraged by the spectators which motivate the athlete to hold for their team and represent the colors of their club at the best.

This anniversary was an opportunity for the Biebuyck family to retrace during an exhibition the history of the club and to invite the municipal authorities as well as the representatives of the Belgian federation. 





# CSIT LOSES TWO FRIENDS

## AND BIG SUPPORTERS

IT IS A SAD MOMENT FOR THE WHOLE CSIT FAMILY. WITH DEEPEST SORROW WE HAVE TO INFORM ALL OUR FRIENDS THAT 2017 CSIT LOST TWO GREAT FRIENDS AND BIG SUPPORTERS WITH JENS JÖRGEN NYGAARD FROM DENMARK AND THE AUSTRIAN HANNES BAMMER.

### *Jens Jörgen Nygaard*

DAI Vice-President and former chairman of CSIT TC Football Jens Jörgen Nygaard died on August 27, only 68 years old.

Jens Jörgen Nygaard passed away recently on August 27 at the age of only 68. His disappearance after long-term illness is a big lost for his family, the CSIT community and for the Danish CSIT member DAI. We have lost a very good friend and a very competent colleague. Sport has for many years played an important role in the life of Jens Jörgen. In 2002 he was elected Vice-President of DAI. He found great interest in DAI's many sporting activities - from training offerings to weak elderly to international championships.

From 2006 till 2015 Jens Jörgen Nygaard chaired the CSIT TC Football. Beside his volunteer work for DAI and CSIT he was deeply involved in policy and from 1998 to 2006 he was mayor in his local municipality and also member of the Danish Parliament. Jens Jörgen has always represented the best of the workers and amateur sport in Denmark and in the CSIT. We all will for sure miss him a lot.



### *Hannes Bammer*

Hannes Bammer, honorary President of ASKÖ, died on 14<sup>th</sup> of January 2017 at the age of 95.

Our Austrian friend had a long and very successful life working for many big official and political organisations. Bammer was a highly decorated Austrian sports official and visionary who played a key role in shaping CSIT's international movement, especially in the 1970s and 1980s. He was a big supporter of ASKÖ and its big international family of CSIT.

Hannes Bammer has worked for the ASKÖ board of directors since 1949, including more than 30 years as president. He has been awarded the Golden Medal of Honor of the Republic of Austria, the Golden Cross of Honor with the Star of the Province of Styria, the Gold Medal of Honor of the City of Graz, the Gold Ring of the ASKÖ, Honorary ring bearer of the ASKÖ Styria, honorary ring bearer of the Landessportorganisation Steiermark as well as bearer of many further honorary honors on federal and state level for his services to the sport.



# NEW CSIT Partners

**CSIT IS A CONSTANTLY GROWING ORGANISATION WITH MORE THAN 40 MEMBER ORGANISATIONS AND TWO CONTINENTAL MEMBERS WITH OVER 230 MILLION SINGLE MEMBERS AND SEVERAL CO-OPERATIONS PARTNERS ALL OVER THE WORLD. DURING THE CONGRESS IN EILAT THE EXECUTIVE COMMITTEE DECIDED TO LIVE PARTNERSHIPS WITH SOME MORE NEW ORGANISATIONS.**

**POSA  
(POLE SPORTS  
AND ARTS WORLD  
FEDERATION)**



**Partner for the CSIT WSG 2019 in Tortosa  
President Davide Lacagnina**

POSA World Federation (POSA) is a non-profit organisation dedicated to ensure recognition of pole dance as a sport and support the growth of the athletic and artistic side of the sport. POSA is one of the new CSIT partners to bring more sports to the CSIT members and widen the World of Sports for All. POSA will organize as demonstration event the CSIT-Pole Sport World Cup-Grand Final

within the frame of the CSIT World Sports Games 2019 in Tortosa. POSA continues in that way its mission of inclusion and cooperation with all pole groups worldwide with the goal of advancing the sport to its proper place alongside other recognized sports and disciplines.

### History

Over the past decade, pole sport has grown exponentially, with hundreds of athletes around the world competing in high-level competitions. Created in 2015, POSA is the leading international organization and is comprised of multiple national federations around the world, including but not limited to the United States, Canada, Mexico, Italy, Ukraine, Russia, Finland, France, Korea, Belarus, Slovakia, Brazil, Romania and Czech Republic.

In the last few years, new leaders and pioneers have emerged to assist POSA in its efforts to bring the pole community together. The result was the success of the first Pole Sport World Championships 2016 in Italy that featured over 120 athletes from around the world, full live stream, and over 800 spectators. Shortly after the Pole Sports World Championships ended, Pole Art Worlds was held in Turin, Italy, with over 110 athletes. In less than a year, the international federation was able to bring on over 13 national federations and hosted two world championships.

The Future 2018 promises to be the biggest year yet for POSA, with new major initiatives set throughout the year, all keeping with the commitment to listen and respond to developmental needs of the global pole community. Upcoming World Events are the Pole Art World Championships 2018 in Turin, 2019 in Belgrade and the Pole Sport World Championships 2018 in Liechtenstein and 2019 Finland as well as the Pole Sport European Championships 2019 also in Liechtenstein.







**IPPA  
(INTERNATIONAL  
PITCH & PUTT  
ASSOCIATION)**



**Partner for the CSIT WSG 2019 in Tortosa  
President Carlo Farioli**

**Pitch and Putt – Try it once and you’ll be hooked!**

International Pitch and Putt is an independent, competitive sport like golf with some differences. The maximum length of a hole for international competitions is 90 metres with a maximum total course length of 1,200 metres. Players may use maximum three golf clubs; one of which must be a putter. The game is often played from raised artificial teeing surfaces using a tee and it has its own handicap system, distinct from golf. The minimum area needed for a P&P course 8/10.000 square meters so it is possible to have City Courses.

**History**

IPPA was founded in 2009 and now has 30 member countries. It is recognized and supported by the Royal and Ancient

Golf Club of St Andrews and is a great and proud Partner for International Organisations like PEACE and SPORT, PANATHLON INTERNATIONAL and now also of CSIT. In 2018 IPPA has a real full calendar with 3 World Championship, 14 International Open and 2 Special Events.

Pitch and Putt is a great sport for people of all ages and abilities; it is affordable golf played by beginning golfers, juniors, occasional golfers, families wanting to play golf together, seniors who find walking a full golf course a strain, golfers wanting to play a quick round, experienced and advanced golfers wanting to improve their short game, and, of course, for specialist pitch and putt golfers. International Pitch and Putt follows the regulations of standard golf as set down in the Rules of Golf as published by The Royal and Ancient Golf Club of St Andrew’s and the United States Golf Association.

**Declaration President Carlo Fariolo**

“I’m honoured to take part at the great CSIT family since last Oct. 14 with the agreement signed on Eilat with President Molea. Our goal now is to spread information of Pitch and Putt to all CSIT members and help anybody to develop this sport through the CSIT associated. Our goal is to find many new players and new associated Countries within the WORLD SPORTS GAME in 2019.”



**FICTS  
(FEDERATION  
INTERNATIONALE  
CINEMA  
TELEVISION  
SPORTIFS)**



**Partners for the CSIT WSG 2019 in Tortosa**  
**President Prof. Franco Ascani**  
**Honorary Member Thomas Bach, IOC President**  
**Recognized by IOC**

FICTS, based in Milano (Italy), joined with 116 countries and chaired by Prof. Franco Ascani, Member of IOC Culture and Olympic Heritage Commission, is the only Federation of the field recognized by the International Olympic Committee, for which it promotes the values of sport through footages.

FICTS promotes and organizes every year the Worldwide Championship of Sport, Cinema and Television "World FICTS Challenge" (articulated in 16 Festivals in the 5 Continents) with Final "Sport Movies & Tv" in Milano (Italy) (150 Projections, 4 Exhibitions, 8 Meetings, 2 Workshops, 2 Press Conferences, Side Events) a significant "worldwide showcase" for Networks, media, broadcastings, houses of productions, producers, directors, filmmakers, Olympic

Committees, advertising and integrated communication agencies.

FICTS is active in the widespread organization of events with the same characteristics in different Countries of the world, it promotes the action of communication and of increase the development of the values of the Olympic and sports culture through the effective use of the power of the image that it stimulates positive emotions in conjunction with the 1.725 sport television channels from around the world. FICTS provides for its thirty-five years of experience, its know-how, its web Portal as well as the audio-visual contents around over 10.233 Stakeholders, Media, TV Producers, Journalists, sports managers and industry operators associated with the Federation.

FICTS promotes the social and cultural meaning of the Olympic and Paralympic Games, integrating - through footages - sport with culture, with the intention of spreading a philosophy of life based on the values of education and respect for universal fundamental ethical principles of sport as a great educational tool for social change and growth of young people as creators and consumers of content and sports images, through modern technology and social media.



*CSIT President Bruno Molea personally guided from FICTS President Prof. Franco Ascani*







**Partner for the CSIT WSG 2019 in Tortosa  
President Dott. Giandomenico Bellettini**

**New CSIT Member Union  
President Marco Tomasini**

CSIT and the International Beach Tennis Federation IFBT are aiming to sign a new co-operation and first to organize the IFBT World Championships in the framework of the CSIT World Sports Games 2019 in Tortosa (Catalonia, Spain). IFBT offers courses for Instructor and Tournament Director, and offers the possibility for the CSIT to organize tournaments of different categories under IFBT World Structure. The purpose is to help develop beach tennis in the CSIT member unions.

IFBT is a Federation that works for the beach tennis amateurs. It has members in different countries and they are constantly searching for new members who believe in sport for all and the value of fair play. It is a good opportunity for CSIT members to increase their knowledge of sports with a new and fun sport. IFBT intends to help CSIT member unions to create a beach tennis section in their organizations.

#### History

The exact origin of beach tennis is unknown. It all began in the late 70s in some Romagna (Italy) beach clubs. Players started playing with shovels, an evolution of the beach drum, and also constructed the first beach volleyball courts in the area. The sport was initially played with a high net similar to beach volleyball. After some years the net was lowered to the height of 1.70 meters in order to increase the speed and excitement of the game.

In 1997, the IFBT was formed in order to regulate and bring structure to the game, administer the rules, train officials, and promote the sport worldwide. The founder of this organization and current president of the IFBT is Dr. Giandomenico Bellettini who created this organization for the purpose of bringing global recognition to this sport. Currently, beach tennis is played on every continent around the world.

FederSwiss is a Swiss Sport for All Federation focused on people with disabilities and integration. As new member of CSIT, FederSwiss will have a leading role in view of the development and constitution of a department for athletes with disabilities in the confederation CSIT. This organization is based in Grono and is the unique International Recognised Swiss Federation for people with intellectual disability, Down syndrome and autism. FederSwiss is fully recognised by SUDS (Sport Union Down Syndrome) and INAS (International Sports Federation for Persons with an Intellectual Disability). INAS is one of the four IPS's IOSD. International Organizations of Sports for the Disabled (IOSDs) are independent organizations and recognised by the IPC as the sole representatives of a specific impairment group.

INAS, as IPC's IOSD, is a non-profit organization supporting athletes with an intellectual impairment to compete at the highest levels, as well as in grass roots sport. It has around 80 member organizations supporting more than 300,000 athletes, which are member of the International Paralympic Committee.

FederSwiss is also a full member of TAFISA, The Association for international Sport for All. With TAFISA, FederSwiss has opened the possibility to all the athletes (not only the Paralympic one) to take part to its activities. The aim of FederSwiss is to develop all kind of sports, giving to all the athletes the possibility to join an international movement like CSIT and TAFISA ones. At the same time we believe that CSIT can be the new international federation for all the international agonistic non-elite Paralympic competitions and the international federation for integrated sports. Next Event: 1st FIFDS European Futsal Championship for Athletes with Down Syndrome! Further info: [www.federswiss.ch](http://www.federswiss.ch) 



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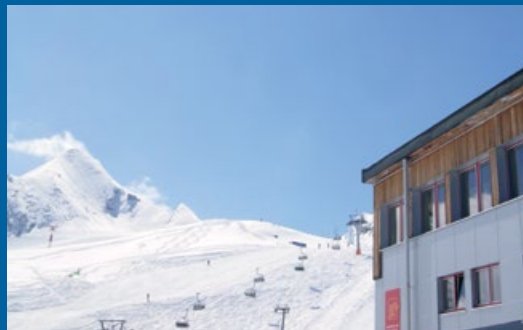
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